

Review

A "blocked" heart often comes from a secret sin that requires repentance.

A "bitter" heart can be relieved by putting your hope in the goodness of God.

A "broken" heart can be healed by the wholeness and holiness of God.

Understanding "Burnout"

Psalm 42:1-5

The Psalmist Describes Three Things:

_____ past • _____ now • difficult _____

Burnout happens when there isn't enough

_____ to keep us moving _____.

_____ don't _____.

Solving Burnout

⬡ Overcome burnout with the ignition of "_____."

⬡ Prevent burnout with the _____ of _____.

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Take it Home

Stoked fires don't burn out.

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